



COUNTY OF SAN DIEGO  
**HHSA**  
HEALTH AND HUMAN SERVICES AGENCY



**LIVE WELL**  
SAN DIEGO

## Behavioral Health Advisory Board (BHAB) Executive Committee Meeting Minutes

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**Date:** September 3, 2015  
**Time:** 1:30 pm – 3:15 pm  
**Place:** 1600 Pacific Highway – Room 358  
San Diego, CA 92101

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### AGENDA ITEMS

#### I. Call to Order

Meeting called to order by Tom Behr at 1:35p. Those present were Executive Committee members, Tom Behr, Chair, Phillip Deming, 1<sup>st</sup> Vice Chair, Jenifer Mendel, 2<sup>nd</sup> Vice Chair, John Sturm, Member-at-Large and Rebecca Hernandez, Member-at-Large. Behavioral Health Services staff, Alfredo Aguirre, BHS Director and Traci Finch, Administrative Analyst III were also present.

#### II. Approval of the Minutes from August 6, 2015

M/S approval of minutes Mendel/Sturm. All ayes

#### III. Hearing from the Public (limited to 2 minutes per speaker)

None

#### IV. Fall Retreat Agenda

Traci Finch presented the group with a draft agenda for the Fall Retreat and explained the topics listed are items that have been captured over the last two months of discussion. She explained the first half of the agenda consists of topics to provide fundamental information and outline expectations of an Advisory Board. Topics in the second half will focus on priorities that will then shape the formation of workgroups and subcommittees. Discussion of the Fall Retreat began with the following comments shared:

##### 1. Judith Yates:

- Explained prior retreats have ranged in focus. Some were a forum for expanded discussion, advisory board fundamentals and topics geared to help newer members. Other retreats were very "issue-driven" (i.e. Mental Health Services Act, etc.) where the board was tasked with specific work to be done.
- Suggested this retreat spend time addressing gaps and work to define: "What does it fundamentally mean to integrate services? What has BHAB done this year to make progress?"
- Noted the BHS System of Care overview presented by Alfredo today will be a good way of getting everyone on the same page in understanding existing services.

##### 2. Jenifer Mendel:

- Noted past ADAB retreats provided a good forum for members to get to know each other better in a less structured environment which helped with team building and collaboration.
- Suggested moving the Dashboard Indicators discussion to the retreat.
- Recommended BHAB support existing efforts (i.e. Suicide Prevention Workgroup) rather than kicking off a new effort so late in the year.

##### 3. John Sturm:

- Agreed retreats aid in team building and provide an opportunity for newer members to ask questions and begin to have a voice.

- b. Noted the opportunity to revisit how the integration is going with an open discussion.
- c. Talked through the Mental Health Board 101 Powerpoint along with the *Training Manual for Local Mental Health Boards and Commissions* that provides a complete overview Mental Health Board duties, MHSA, Brown Act, Robert's Rules, etc. The Executive Committee agreed this would be a good document to send to BHAB members prior to the Fall Retreat for review.
- 4. Phil Deming:
  - a. Suggested this particular retreat should clarify the role of BHAB so all members would be on the same page. He recommended Dave Roberts to speak on this topic from the perspective of County Supervisor.
  - b. Recommended the use of subcommittees to assist in moving priorities forward.
- 5. Alfredo Aguirre:
  - a. Agreed retreats allow an expanded discussion of issues which provide a good opportunity to work through differing opinions and come to consensus for the purpose of moving things forward.
  - b. Noted the upcoming HHSA Advisory Board Chairperson meeting on 9/18 and suggested Tom provide a recap to the group on the role of an Advisory Board from the County's perspective.
  - c. Suggested closing the BHS System of Care deep dive with impact of Affordable Care Act, Public Safety Realignment, the 1915 B Waiver, Prop 47. BHAB can then discuss where to focus attention for the upcoming year.
  - d. Explained that mental health services have an organized delivery system much different than alcohol and drug services. This issue could be an area of focus for the group.
- 6. Tom Behr:
  - a. Suggested the group identify 1-3 priorities for the coming year to help narrow the focus of BHAB.
  - b. Agreed the BHS System of Care overview will be a helpful presentation and the retreat could allow for continued discussion and clarifying questions to be asked.
  - c. Recommended an open discussion about how BHAB is doing now that the group is several months in.

After the discussion, the agenda recommendations for the Fall Retreat were summarized as follows:

- 1. Reflections – "State of the Board" open discussion and developing the relationship between BHAB and County staff;
- 2. *Training Manual for Local Mental Health Boards and Commissions* will be sent to members for review prior to the meeting;
- 3. Follow up on BHS System of Care presentation;
- 4. Dashboard Indicators summary of training with a discussion of improving the report;
- 5. Integration of services discussion;
- 6. Summary of 9/18 HHSA Advisory Board Chair meeting (Tom).

#### **V. Planning Future Retreats**

The following comments were shared about future retreats and timing:

- 1. Going forward, BHAB should consider holding retreat right after elections occur (November/December) so new officers can outline priorities for upcoming calendar year with the support of outgoing officers who are still in place.
- 2. It was noted that November/December may be a difficult time of year for people to meet due to the holiday season; perhaps January/February is better. Further discussion to be held on this next calendar year.

#### **VI. BHAB Meeting Review**

The Executive Committee decided on the following topics for upcoming months:

- 1. October
  - a. Teen Marijuana Use and the Developing Adolescent Brain (Dr. Mary Boyle or Joe Eberstein as alternate)
  - b. Homeless individuals/Veterans (suggested by Ed Weiner)

2. November

- a. Nick Macchione, confirmed (likely 30 minutes)
- b. Alcohol Licensing and Enforcement (paired presentation) - Jerry Hall to introduce the issue and summarize work to date. Alfredo and Traci to identify co-presenter, either County staff (perhaps someone from D.A.'s office) or County contractor who is actively working in this field.

**VII. Announcements**

Alfredo announced staff will discontinue including the Procurement Table in the BHAB packets as BuyNet has the most current information. Traci can provide instructions to BuyNet upon request.

**VIII. Adjournment**

Adjourned at 3:20pm

Reviewed by,



Traci Finch, Administrative Analyst III  
Behavioral Health Advisory Board Support Staff

Approved by,



Thomas L. Behr, Chairperson  
Behavioral Health Advisory Board